

# SUNDAY CREEK CAMPSITE



## Residential Camp Packing List

| Check off items as you pack                                                                                                                                                                                                                                             | Items to pack: How can you involve your child in the packing process?                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                         | 1 fitted sheet to cover supplied mattress                                                                    |
|                                                                                                                                                                                                                                                                         | 1 sleeping bag or 2 blankets (1 sleeping back and a blanket during winter)                                   |
|                                                                                                                                                                                                                                                                         | 1 pillow with pillow case                                                                                    |
|                                                                                                                                                                                                                                                                         | 1 pair of comfortable enclosed running shoes with good grip for bushwalking (may get dirty/wet)              |
|                                                                                                                                                                                                                                                                         | 1 pair of enclosed comfortable casual shoes for around the camp centre                                       |
|                                                                                                                                                                                                                                                                         | Socks and underwear for the duration of camp                                                                 |
|                                                                                                                                                                                                                                                                         | Shorts and shirts: enough for the duration of camp, suitable for practical outdoor activities – no singlets  |
|                                                                                                                                                                                                                                                                         | 3 pairs of long trousers for bushwalking. Loose fitting, full leg coverage, light weight fabric – not tights |
|                                                                                                                                                                                                                                                                         | Warm long pants (full leg) and warm jumper or jacket for night activities                                    |
|                                                                                                                                                                                                                                                                         | Pyjamas for sleeping                                                                                         |
|                                                                                                                                                                                                                                                                         | Beanie recommended for winter                                                                                |
|                                                                                                                                                                                                                                                                         | Wide brimmed sunhat                                                                                          |
|                                                                                                                                                                                                                                                                         | Bath towel                                                                                                   |
|                                                                                                                                                                                                                                                                         | Plastic bag for dirty/wet clothes                                                                            |
|                                                                                                                                                                                                                                                                         | Torch with sufficient batteries for 2 nights (small hand torch preferred)                                    |
|                                                                                                                                                                                                                                                                         | Toiletries, comb or hairbrush                                                                                |
|                                                                                                                                                                                                                                                                         | Raincoat or poncho                                                                                           |
|                                                                                                                                                                                                                                                                         | Water bottle 600ml – 1000ml capacity                                                                         |
|                                                                                                                                                                                                                                                                         | Sunscreen                                                                                                    |
|                                                                                                                                                                                                                                                                         | Morning tea and lunch for the first day                                                                      |
|                                                                                                                                                                                                                                                                         | <b>Optional:</b> Insect repellent if written parental consent is gained from parents by the school           |
| <b>DO NOT BRING:</b>                                                                                                                                                                                                                                                    |                                                                                                              |
| Radios, MP 3/4 players, IPODs, mobile phones, PSP, Nintendo DS, hand held computer games (basically anything electronic – do not bring)!                                                                                                                                |                                                                                                              |
| Cans or bottles of drink, lollies, chips, junk food                                                                                                                                                                                                                     |                                                                                                              |
| Pen/pocket/sheath knives, cigarettes or lighters/ matches, aerosol cans                                                                                                                                                                                                 |                                                                                                              |
| <b>REMEMBER:</b>                                                                                                                                                                                                                                                        |                                                                                                              |
| It is very cold at Sunday Creek at any time of the year (it has frosted in December), so be prepared with warm sleepwear and bedding. It is generally 6 degrees cooler than the coast!                                                                                  |                                                                                                              |
| <b>MEDICATIONS:</b>                                                                                                                                                                                                                                                     |                                                                                                              |
| If you require regular or emergency medication (i.e. behavioural, asthma, or allergy medications) this should be given directly to the teacher to administer, with its correct packaging, inside a clearly labelled zip lock bag with dosage, size and frequency on it. |                                                                                                              |