

# Sunshine Coast Environmental Education Centre - Sunday Creek Campsite



## Wilderness Trek

**Sunshine Coast Environmental Education Centre – Sunday Creek Campsite** specialises in running Wilderness Treks for small groups of senior secondary students around the beautiful Conondale National Park. Typically, our Trek covers 43km over three days and two nights. The Trek program has been designed to offer students the opportunity to create a preferred future and a sense of actively shaping their lives. Originally the program catered for students who had been identified as “at risk” but any student who wants to work on their personal or group leadership, teamwork or those who feel dissatisfied about their current direction in life will certainly benefit from this challenging program.



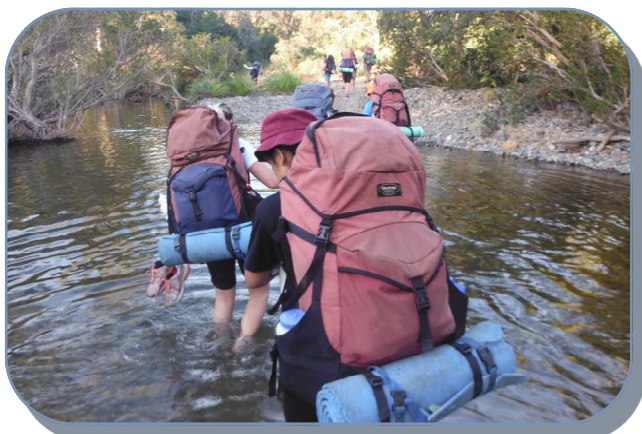
**Vision:** Students participating in this program will work towards acquiring a greater love for, and understanding of themselves, each other and the environment, and a willingness to take positive action based on their new awareness.

**The Environment:** The Trek winds its way through dry and wet sclerophyll forests of the Conondale National Park, scaling mountains and crossing creeks. There is some significantly difficult terrain to cover throughout the trek and this will require students to push themselves physically, mentally and emotionally.



**Equipment:** All required equipment is supplied by Sunday Creek Campsite, including backpacks, sleeping bags, inner sheets, ponchos, tents, stoves, water bottles and food packs. Students and visiting teachers are only required to bring lunch on Day 1, their own clothing, a torch and toiletries.

**Safety and Support:** Sunday Creek Campsite staff complete all risk assessments, and monitor all aspects of safety during the course of the Trek. A Centre vehicle and support person is on standby and Centre staff carry a full range of safety equipment, including a first aid kit, satellite phone, epirob, map, compass and two-way radios.



### **Contact Us:**

For all information, contact us on (07) 5448 4568  
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